

STERLING HIGH SCHOOL DISTRICT

501 S. WARWICK ROAD, SOMERDALE, NEW JERSEY 08083-2175

PHONE (856) 784-1287

FAX (856) 784-7823

Matthew Sheehan
Superintendent



September 8, 2022

Dear Sterling Staff and Community:

On August 29, 2022, the New Jersey Department of Health (NJDOH) updated their COVID-19 recommendations for K-12 schools. This guidance along with the practices we established at the end of last school year will enable Sterling High School to remain open safely for instruction and other high school experiences.

The NJDOH recommends that schools continue to implement the following COVID-19 prevention and control strategies:

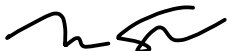
- Mask wearing is optional
 - Individuals who test positive will need to quarantine for days 1 -5 and wear a mask for days 6 - 10.
 - Individuals exposed to COVID-19 are encouraged to wear a mask.
 - Individuals who become ill in school with COVID-like symptoms must wear a mask until they leave the school premises.
 - Individuals who test positive and participate in high-risk activities must refrain from the activity on days 6 – 10 if a mask cannot be worn. These individuals can return prior to the 10th day if they can wear a mask or if they have two negative tests after day six.
- Encourage students and staff to stay up to date with vaccination.
- Encourage students and staff to stay home when sick.
- Close contacts, regardless of vaccination status, will not be required to quarantine.
- Report positive cases to our pandemic response team at pandemicresponse@sterling.k12.nj.us

Please note that students who are absent due to COVID-19 must supply a PCR or Rapid test from a certified health care provider for the absence(s) to be excused. Home tests, while an important measure of health status, will not be accepted for excused absences. Students who are absent are expected to connect with their teachers and complete all work. Students will be given time to make up work upon their return to school.

Sterling High School will continue to work with state and local agencies for guidance and to support our goal of providing a safe environment for our students and staff. We cannot achieve this goal without your assistance, understanding, and partnership.

Thank you for your cooperation.

Sincerely,



Matthew Sheehan
Superintendent